

## AWARDS AND ACHIEVEMENTS

- 2019  
Media Excellence award: Thought Leader  
**University of Stellenbosch**  
Media Excellence award: Newsmaker  
**University of Stellenbosch**  
Mental Health Hero  
**Discovery Foundation**
- 2018  
Community service award (Goldilocks and The Bear Foundation)  
**South African Society of Psychiatrists**  
Media Excellence award: Thought Leader  
**University of Stellenbosch**
- 2017  
Media Excellence award  
**South African Society of Psychiatrists**  
MBA Achievement award: Marketing Management  
MBA Achievement award: Operations & Information Management  
**University of Stellenbosch Business School, Bellville, South Africa**
- 2012  
Neuroscience poster presentation award (2<sup>nd</sup>)  
**Annual academic year day, Faculty of Health Sciences, University of Stellenbosch, South Africa**
- 2010  
Who's Who in the World  
**Marquis Publications Board**
- 2008  
Clinical Research Fellowship  
**Faculty of Health Sciences, University of Stellenbosch, South Africa**  
Young Minds in Psychiatry Award  
**American Psychiatric Association/AstraZeneca, Washington, USA**  
Neuroscience best "under 35 year" presentation award  
**Annual academic year day, Faculty of Health Sciences, University of Stellenbosch, South Africa**
- 2007  
Novartis medal: best results in FC Psych  
**Colleges of Medicine of South Africa**
- 2007-2008  
Research Fellowship  
**Medical Research Council of South Africa**  
Academic Fellowship  
**Discovery Foundation**  
Research Award  
**Harry Crossley Foundation**
- 2006 - 2009  
Thuthuka Award  
**National Research Foundation, South Africa**
- 2005  
Neuroscience poster presentation award (best registrar)

**Annual academic year day, Faculty of Health Sciences, University of Stellenbosch,  
South Africa**